What's happening

May/June 1986
A bimonthly calendar of public events at UC-San Francisco. Please come and enjoy.

UCSF-LAUREL HEIGHTS EVENTS

All events held at 3333 California St. auditorium. Call 476-3206 unless otherwise noted.

Sat., May 3: **Making Choices: A Health Plan Forum for San Francisco Seniors.** To include a sampling of SF health plans and information on how to shop for the best coverage. 1-3 p.m. Cosponsored by UCSF & Mount Zion.

Wed., May 7: **Free Community Health Talk: Sexuality Today: Stresses & Strains.** 7:30-9 p.m. Free parking available (enter from California).

Fri., May 30: **Friends of the Child Care/Study Center Benefit: Donald Pippin's San Francisco Pocket Opera.** 7:30 p.m. $50. Call Katie Menees, 476-4421.

CAMPUS TOURS

All tours are free and take place at 1 p.m. on Tuesdays, May 6, 13, 20 & 27 and June 3, 10, 17 & 24. Meet in the lobby of the Medical Sciences Bldg., 513 Parnassus. For further information call 476-4394.

BROWN BAG TOURS/ LECTURE SERIES

All lectures are free and held on Wednesdays at noon in Room 300 Health Sciences West (enter through 513 Parnassus). Tapes of all talks are available for listening in the UCSF Library, SIMA Unit, Room 345 Health Sciences East. For further information call 476-4394.

May 7: **Dynamics of Color Power.**

May 14: **Education Abroad: A Faculty Member's Perspective.**

May 21: **The Wisdom of the Dream.**

May 28: **Do Drugs Improve Athletic Performance?**

June 4: **Mid-Life Crisis: Myth or Reality?**

June 11: **Marketing Yourself & Your Ideas.**

June 18: **A New Look at Diabetes.**

June 25: **The Brain: Developing & Aging.**

COMMUNITY HEALTH EDUCATION PROGRAMS

Lectures are free and geared to senior citizens. Topics are subject to change. Call 476-3206 for exact dates & times.

May

Skin Care & Dermatitis. Seventh Avenue Presbyterian Church Senior Center, 1329-7th Ave.

Cancer. Montefiore-Brotherhood Way Senior Center, 655 Brotherhood Way.

Yoga. Diamond Senior Center, 117 Diamond.

Exercise. Self Help for the Elderly, 640 Pine.

Care of Bones. St. Philip's Senior Center, 725 Diamond.

Emotional Problems of the Elderly. OMI Senior Center, 333 Randolph.

Massage. Haight-Ashbury Senior Center, 1350 Waller.

Pain. Montefiore Senior Center, 3200 California.

A Healthy Outlook. Beth Shalom Kosher Nutrition Senior Center, 318-15th Ave.

June

Cardiac Care. Montefiore Senior Center, 3200 California.

First Aid. Diamond Senior Center, 117 Diamond.

Relieving Tension. Montefiore-Brotherhood Way Senior Center, 655 Brotherhood Way.

Health Maintenance, Diet & Nutrition. OMI Senior Center, 333 Randolph.

Kidney-Urinary Tract. Self Help for the Elderly, 640 Pine.

Mental Health. Beth Shalom Kosher Nutrition Senior Center, 318-15th Ave.

Eye Care. First Baptist Senior Adults Center, 2141-34th Ave.

UCSF-LAUREL HEIGHTS PUBLIC MEETING MAY 8

A public information meeting on the draft Environmental Impact Report for the UCSF-Laurel Heights plan will be held on Thursday, May 8, at 7 p.m. in the auditorium on the UCSF-Laurel Heights campus, 3333 California St. (See news item for details.)

SPECIAL EVENTS/DATES

Sat.-Sun., May 3-4: **UCSF Spring Mixed Doubles Tennis Tournament.** Lake St. & 12th Ave. courts. Open to students, Millberry members & employees. Call 476-1800.

Sun., May 4: **Rosalind Russell Medical Research Center Benefit:** Pianist Michael Feinstein to perform show tunes by Gershwin, Sondheim and others. Hillsborough location. 3-7 p.m. $125. For tickets call 476-1141.

Tues., May 6: **Current Issues in Aging Seminar: Management of Behavior Problems.** LPPI Aud., 401 Parnassus. Noon-1 p.m.

Thurs., May 8: **CAL Film Group Meeting:** Discussion of *A Room with a View* and *Gung Ho.* Rm. 238, Millberry Union, 500 Parnassus. 5:45 p.m.

Mon., May 12: **Health & the Effects of the Contra Aid on the Atlantic Coast of Nicaragua.** HSW 301 (enter through 513 Parnassus). Noon.

Tues., May 13: **Current Issues in Aging: Clinical Approaches to Dementia.** LPPI Aud., 401 Parnassus. Noon-1 p.m.

Wed., May 14: **Free Community Health Talk: Sexuality Today: Stresses & Strains.** Toland Hall, 533 Parnassus. 7:30-9 p.m. Free parking available. Call 476-3206.

Fri., May 16: **Twilight Concert: Sonus Lyricus.** Millberry lounges, 500 Parnassus. Reception 5 p.m.; concert 5:45 p.m. $4.

Tues., May 20: **Current Issues in Aging Seminar: Post-Hospital Care in a Changing Policy Environment.** LPPI Aud., 401 Parnassus. Noon-1 p.m.

Tues., May 27: **CAL Reading Group Meeting:** Discussion of *The Grass Harp* and *A Tree of Night,* by Truman Capote. 5:45 p.m. Rm. 238, Millberry Union, 500 Parnassus.

Wed.-Fri., May 28-30: **Preview of the John Muir Medical Film Society Award Winners.** Toland Hall, 533 Parnassus. Noon-1 p.m. & 5-6 p.m. Call 476-2119 or 476-2542.

Thurs., May 29: **Chauncey Leake Day: To include the lecture "Strategies for the Control of Infectious Diseases in Developing Countries."** Paul Janssen, Janssen Pharmaceutical, Belgium. Cole Hall. 3-4:30 p.m. (Call 476-4723 for full program details.)

Thurs., May 29: **Cole Hall Matinee Cabaret: Comedian Danny Williams.** Cole Hall, 513 Parnassus. Noon.

Sat., May 31: **Department of Nursing 5 & 10K Run.** Golden Gate Park. 9 a.m. Preregistration $8; $10 race day. To register call Elaine Shanahan, 476-2252.

Thurs., June 12: **CAL Film Group Meeting.** Rm. 238, Millberry Union, 500 Parnassus. 5:45 p.m.

Tues., June 24: **CAL Reading Group Meeting:** Discussion of *Fathers & Sons,* by Ivan Turgenev. Rm. 238, Millberry Union, 500 Parnassus. 5:45 p.m.

LA SEMANA EVENTS

Call 476-2010.

Fri., May 2: **La Semana Dance.** Will include a performance by Ballet Folklorico and dancing to a live DJ. Millberry Union lounges, 500 Parnassus. 8 p.m.

Mon., May 5: **Cinco de Mayo Celebration: Mariachi Los Aztecas.** Saunders Court (enter through 513 Parnassus). Noon.

Tues., May 6: **CAL Dance Performance: Priscilla Regalado & Dancers.** Millberry Gym, 500 Parnassus. Noon.

Thurs., May 8: **La Operacion.** A film exploring the issues of forced sterilization. Cole Hall, 513 Parnassus. Noon.

NEW VOLUNTEER ORIENTATION

To acquaint new & prospective volunteers with opportunities available at the Medical Center at UCSF. Call 476-1196.

Thurs., May 15: Rm. 214, Medical Sciences Bldg., 513 Parnassus. 6-8:30 p.m.

Sat., May 31 & June 7: (For students only.) Rm. 417, School of Nursing Bldg. (enter through 521 Parnassus). 10 a.m.-noon.

SELF-DEFENSE CLASSES

Easy-to-learn physical techniques, verbal and body language skills, plus how to deal with the emotional and physical issues of self defense. Call 476-5683.

Sat., June 28: **One-Day Self-Defense & Tear Gas Course.** 9 a.m.-5 p.m.

MOBILE MAMMOGRAPHY SCREENING PROGRAM

Women now can have low-cost mammograms—x-rays to screen for breast cancer—from a mobile van that travels to convenient shopping or downtown locations in San Francisco and remains for a week at a time.

Women need the approval of their physicians to have the mammogram. The procedure takes approximately 20 minutes and costs only $40. To make an appointment call 990-0459 between 9 a.m. and 3:30 p.m.

The van will be at the following locations during May and June:

- May 8-9: Diamond Heights Blvd., near the Safeway shopping center.
- May 12-16: Marina Green, near Marina Blvd. & Buchanan.
- May 19-23: 18th Ave., near Geary & the Richmond YMCA.
- May 27-30: Drumm, between Sacramento & Clay.
- June 2-6: Westlake Shopping Center, on Park Plaza Dr., adjacent to Brentwood.
- June 9-13: California, between Steiner & Fillmore.
- June 16-20: Irving, between 25th & 26th Ave.
- June 23-27: UCSF-Laurel Heights parking lot, 3333 California.

COLE HALL CINEMA

All films are shown in Cole Hall, Medical Sciences Bldg., 513 Parnassus. Children under 14 $1.50, UCSF students, seniors & Millberry Union members $2, general $2.50. Call 476-2571.

Thurs., May 1: **White Nights.** 5:45 p.m.

Fri., May 2: **White Nights.** 6:30 & 9:15 p.m.

Thurs., May 8: **A Soldier's Story.** 5:45 p.m.

Fri., May 9: **A Soldier's Story.** 6:30 & 8:45 p.m.

Thurs., May 15: **Murphy's Romance.** 5:45 p.m.

Fri., May 16: **Murphy's Romance.** 6:30 & 8:45 p.m.

Thurs., May 29: **E.T.** 6:30 & 9 p.m.

Fri., May 30: **E.T.** 6:30 & 9 p.m.

ART EXHIBITS

Hospitals Auxiliary Exhibit. On display for the month of May in the lobby of Moffitt/ Long Hospitals, 505 Parnassus, will be nature photos, colored prints & collages. For the month of June, etchings and photographs. A portion of all proceeds benefits patients at the Medical Center at UCSF. To purchase or reserve work, visit the Auxiliary Office, Rm. 181, Moffitt Hospital, 505 Parnassus, 10 a.m.-2 p.m. or call 476-4906.

Faculty/Alumni House Exhibit. On display through May are handmade paper and mixed media work by Joan Rhine; on display June through August are paintings by Jane Culp. Faculty/Alumni House, 745 Parnassus. 8 a.m.-4:30 p.m. A reception for Culp will held Wed., June 11, from 4:30-7 p.m. Call 476-4723.

NURSING SERVICE COURSES

For further information call 476-2993.

Mon., May 5 & 12: **CPR Instructor Course.** Rm. 229A, School of Nursing Bldg. (enter through 521 Parnassus).

Thurs., May 15: **Legal Implications of Documentation.** Rm. 721, School of Nursing Bldg. (enter through 521 Parnassus).

Tues., May 20 & 27: **Basic Arrhythmia Interpretation.** Rm. 980, Moffitt Hosp., 505 Parnassus.

WOMEN'S RESOURCE CENTER EVENTS

All events are free and held from noon-1 p.m. in Toland Hall, 533 Parnassus. Call 476-5836.

Thurs., May 22: **How Historical Fiction is Written & Researched.** Marion Zimmer Bradley, author, *Myths of Avalon.*

Tues., June 3: **The Need for Women of Color in Politics Today.** SF supervisor Doris Ward.

Thurs., June 19: **Love, Happiness & the Whole Pretty Package.** Isadora Alman, author, *Aural Sex & Verbal Intercourse.*

PRO: RECREATION & FITNESS PROGRAM

Over 100 classes offered quarterly in areas of exercise, stress management, massage & relaxation skills, dance, scuba diving, sailing, self improvement & education, cooking, catering, photography and stained glass. For further information and a free brochure listing all classes call 476-1800. Register at Millberry Union Central Desk, 500 Parnassus, from 7 a.m.-2 p.m. and 4-7 p.m. on the below dates:

Mon., May 5: Midpoint registration: Half price on all classes not already filled.

Mon., June 16: Children's class registration for Millberry Union members & UCSF students.

Tues., June 17: General registration for children's classes.

Tues., June 23. Adult class registration for Millberry Union members & UCSF students.

Tues., June 24: General registration for adult classes.

OUTDOORS UNLIMITED

Located on Parnassus Ave., street level in the University Hospital Bldg. between 3rd and 4th Ave., Outdoors Unlimited offers outdoors adventures for the neighborhood and campus community. Sign up for activities from 11:30 a.m. to 1:30 p.m. or 5 to 7 p.m., Monday & Friday; 11:30 a.m. to 1:30 p.m. or 4 to 6 p.m., Tuesday to Thursday. Two-week advance registration is required for most events. For further information and a free brochure listing all events call 476-2078.

Thurs., May 8: **Rafter Class IV Boating Seminar.** 4848-17th St. 7:30 p.m.

Mon., May 12 & 19: **CPR.**

Wed., May 14: **Exploring Nature's Network.**

Wed., May 14 & June 25: **Sea Kayaking Club Meeting.** Millberry lounge, 500 Parnassus. 7 p.m.

Sat.-Sun., May 17-18: **Napa Valley Bicycling** and **Merced River Beginning Kayak Trip.**

Tues., May 20: **Lecture/Slide Show: Sea Kayaking in the Pacific Northwest & Beyond.** Millberry Madrone Rm., 500 Parnassus. 7 p.m.

Wed., May 21 & June 18: **Basic Canoeing.**

Fri., May 23: **Marin Headlands Full Moon Walk & Wine Tasting.**

Sat.-Mon., May 24-26: **Mt. Lassen Bike & Ski** and **River Rafting on Trinity River.**

Tues., May 27: **Adventure Film Society Program: Aqua Fanatica.** Millberry Madrone Rm., 500 Parnassus. 8 p.m.

Sat., May 31: **Pt. Reyes Day Hike.**

Sat.-Sun., May 31-June 1: **Feather Falls Backpacking.**

June 7,8,14,15: **River Rafting on the American River** (a benefit for Outdoors Unlimited).

Tues., June 10: **Lecture/Slide Show: Bicycle Touring in Britain.** Millberry Madrone Rm., 500 Parnassus. 7 p.m.

Sat., June 14: **Sea Kayakers Get-Together.** China Camp.

Mon.-Tues., June 16-17: **Spring Equipment Sale & Swap.** (June 16 for UCSF students & Millberry members only.)

Wed., June 18: **Lecture/Slide Show: Ten Best Bay Area Sea Kayaking Sites for Beginners.** Millberry Madrone Rm., 500 Parnassus. 7:30 p.m.

Fri., June 20: **Moonlight Sail on SF Bay.**

Sat., June 21: **Marin Headlands/Fort Cronkite Night Hike.**

Sun., June 22: **Carquinez Straits Bicycling** and **Summer Solstice Celebration: SF Hike, Bike & Boat.**

Tues., June 24: **Adventure Film Society Program: The Films of Leo Dickensen.** Millberry Madrone Rm., 500 Parnassus. 8 p.m.

Sat.-Sun., June 28-29: **Trinity Alps Backpacking** and **Church Cave Spelunking.**

OVEREATERS ANONYMOUS

Held every Monday from noon-1 p.m. in Rm. 417, School of Nursing Bldg. (enter through 521 Parnassus). Call Dolores Phillips at 929-8651.

UCSF
University of California, San Francisco
...A Health Sciences Campus

To our neighbors

May/June 1985
A summary of recent news stories from the University of California, San Francisco...A Health Sciences Campus.
Volume 11, Number 3

Health Program for Performing Artists Begins

Performers with occupational health problems now have somewhere to turn, with the beginning of a new health progam at UCSF. Dedicated to the treatment of the physical and psychological problems of musicians, singers, dancers and actors, it is the first of its kind on the West Coast.

Performers often have difficulty finding physicians with the experience or empathy to treat their special and often subtle problems. What makes the new program unique is that many of the UCSF physicians involved have had experience in the performing arts and have treated the medical problems of performers in the past.

"[This] adds to our sensitivity to their problems," said Ephraim Engleman, MD, director of the UCSF Rosalind Russell Arthritis Center, who is a violinist and pianist and one of the initiators of the program.

The major force behind the program is violinist and psychiatrist Peter Ostwald, MD, who has for many years worked with teachers and students at the SF Conservatory of Music, helping those with performance anxiety, emotional problems and depression.

The new Performing Arts Health Program is located on the fifth floor of the Ambulatory Care Center, 400 Parnassus Avenue, 476-7373.

Koret Vision Lab

Construction of the Koret Vision Research Laboratory has begun on the west side of campus, near the upper parking lot behind the UC Hospital building. Access to the parking lot will be blocked for up to 18 months and barricades have been set up leading from Kirkham into the lot, leaving just a few parallel parking spaces available. Pedestrians and emergency and delivery vehicles still can pass through the area, but with some delays.

Neighbors in the Kirkham and Fifth Avenue area can expect some construction noise and those living on Seventh Avenue truck traffic on weekdays between the hours of 7 a.m. and 5 p.m.

The Koret Vision Research Laboratory is part of the Beckman Vision Center, which, when completed, will house one of the country's outstanding programs for sustained basic and clinical research in eye disease.

New 24-Hour Dental Emergency Service

A special, 24-hour, emergency dental facility has been set up in the Moffitt/Long Hospitals Emergency Room, 505 Parnassus Avenue. The service can handle all emergency situations short of extractions and complicated surgical procedures.

Patients in need of emergency dental care first should call the Emergency Room at 476-1037. A dentist on call will be contacted and asked to meet the patient in the Emergency Room. Patients also can arrange to meet the dentist by calling 346-6207. The service is provided by the UCSF Division of Oral & Maxillofacial Surgery.

Library Architects Get Top Prize

The architectural firm chosen to design the new UCSF library—Esherick Homsey Dodge and Davis—has won the American Institute of Architects' 1986 Firm Award. The firm has designed a range of award-winning works reflecting quality architecture, including San Francisco's Cannery and the new Monterey Bay Aquarium.

Acting as consultant to the Chancellor on the project is the world-renowned landscape architect and planner Hideo Sasaki.

The new UCSF library, to be located on the north side of Parnassus adjacent to Millberry Union, is proposed as a terraced building of 120,000 square feet, which will step down the sloping site between Parnassus and Irving Street and landscaped to minimize its size as viewed from the surrounding area.

A public hearing on the draft Environmental Impact Report was held on April 29. Copies of the draft EIR are available in the office of the Chancellor, 145 Irving Street, or by calling 476-2911. Closing date for comments on the draft EIR is Monday, May 12. The final EIR, which will respond to all comments, will be available for public review for a 30-day period from June 16 to July 16, 1986 after which it will be presented to the UC Board of Regents for certification. If certified, construction is expected to start in November 1987.

First Success After 13 Pregnancies

It took 13 pregnancies, 20 years and 4 trips halfway around the world, but Shagufta Aman of Pakistan has a healthy baby.

Aman came to UCSF for medical treatment in 1978 after suffering nine miscarriages and premature births, with no surviving children. In the next eight years she had three more miscarriages.

The 40-year-old mother and her husband, Agha, made four trips to UCSF to consult with Julian Parer, MD, director of ob/gyn and reproductive sciences. Parer discovered that Aman had no cervix and was unable to hold developing babies in her womb. He performed a rare operation—called a trans-abdominal cerclage—in which he put a "stitch" around the entry to her womb allowing the baby to grow to term.

UCSF is one of only three medical centers in the country where this procedure is regularly performed. The "lucky 13th" baby, Laila, weighed in at seven pounds, three ounces.

New Diagnosis for Painful Jaw Condition

New techniques developed by UCSF radiologists now make it possible to use magnetic resonance imaging (MRI) for noninvasive diagnosis of a painful jaw condition called temporomandibular joint (TMJ) internal derangement.

MRI presents a diagnostic image similar in quality to an arthrogram, the current "gold standard" for imaging TMJ problems, but with the extra advantage that it uses no contrast dyes or radiation, said Louis T. Kircos, PhD, chair of the Division of Oral Radiology. Because MRI is noninvasive, it presents no discomfort to the patient, he added.

Bleeding in Intestinal Tract Treated by Laser

Bleeding in the intestinal tract, a common cause of anemia, now can be treated safely with a laser, UCSF researchers report. An argon laser has been used successfully to coagulate small dilated intestinal blood vessels called ectasias, according to SFGH gastroenterologist John P. Cello, MD.

Cello pointed out that the standard treatment for hemorrhaging in the intestine has been to remove the section of the bowel surgically. Now, with the laser treatment, the need for surgery has been reduced in particularly difficult cases.

(More news items on back page)

Highest UCSF Honor to Four at Founders Day

Three prominent civic leaders and a UCSF faculty member were recognized for their distinguished service to the campus and to the field of education and health care with the highest honor that UCSF awards—the UCSF Medal.

The awards were presented during the Founders Day Banquet in early April to:

• Father Alfred Anthony Boeddeker, OFM, founder of numerous free facilities for the poor, including St. Anthony's Dining Room and Medical Clinic.

• Ruth Chance, executive director of the Rosenberg Foundation from 1958 to 1974, who is an outspoken champion of civil rights and a national spokesperson for the elderly.

• Robert Louis Kroc, PhD, head of the Kroc Foundation from 1969 to 1985, which awarded UCSF $1 million to establish the Chair in Rheumatic and Connective Tissue Diseases.

• Saul Joel Robinson, MD. An eminent pediatric cardiologist who has been a UCSF clinical faculty member for some 40 years, he is an uncompromising advocate for quality health care for small children and a pioneer in the field of pediatric cardiology.

UCSF-Laurel Heights Public Meeting May 8

A public information meeting on the draft Environmental Impact Report (EIR) for the UCSF-Laurel Heights plan will be held on Thursday, May 8, at 7 p.m. in the auditorium on the UCSF-Laurel Heights campus, 3333 California Street. A public hearing on the draft EIR also will be held in May. Call 476-2911 for exact date.

The draft EIR will be available for review by agencies, organizations and any interested individuals through early June. Copies can be obtained from the Chancellor's Office, UCSF, 145 Irving Street, SF 94143, or by calling the above telephone number.

The public may respond in writing to the draft EIR during the public review period. Comments or questions regarding the draft should be sent to Barry Clagett at the above address.

All comments and questions submitted during the review period or raised at the May public hearing will be included in a final EIR prepared by the University. When the final EIR is completed, it will be available for a 30-day review before being submitted to the UC Board of Regents.

Puppet Therapists Needed

The Puppet Therapy Program is looking for volunteers 18 years of age or older who can work with hospitalized children during the day for a minimum of two hours a week. The program is designed to familiarize pediatric patients with hospital procedures and treatment, thereby relieving their fears and anxieties. Volunteers use hand puppets and miniature hospital equipment in their shows and meet with each child on a one-to-one basis. Volunteers must complete an orientation and training program. For further information call program director Pat Stich, 476-3921 or 485-0778.

UCSF
University of California, San Francisco
...A Health Sciences Campus

To our neighbors

Rush—Time Dated
May—June, 1986

UCSF
University of California San Francisco
New and Public Information Services
532 Parnassus Avenue, San Francisco, CA 94143